

## **BRITISH ORIENTEERING** Annual Report and Review 2022



## Governance

## **British Orienteering Federation Limited**

British Orienteering is the governing body for the sport of orienteering in the United Kingdom.

Registered in England & Wales No.1606472.

#### **Officers and Directors**

Drew Vanbeck Andy Robinson Scott Collier Ruth Beale Darren Bernstein Duncan Birtwistle Lauren Page David Rosen Pauline Tryner Laura Kaye Tomlinson Chair (Independent) Treasurer Vice Chair Elected Independent Elected Independent Elected Elected Independent

Peter Hart ex officio

#### **Board Diversity**

British Orienteering has made significant progress in recent years in recruiting greater female representation to its Board of Directors.

The female representation on the Board is in line with the requirements of the Code of Sports Governance; that being a minimum of 30% (actual figure 36%) of each gender on the Board. However, British Orienteering remains committed to making further progress by working towards gender parity on the Board and ensuring that the composition of the Board better reflects the diversity of those taking part in the sport. In doing so it will ensure that Board members possess the skills and experience necessary to deliver its strategic plan and to ensure good governance.

Cover and final image: Megan Carter Davies; *Image credit: IOF William Hollowell*. An orienteer from Oxford University Orienteering Club at the British Orienteering Championships 2022.; *Image credit: Wendy Carlyle*.

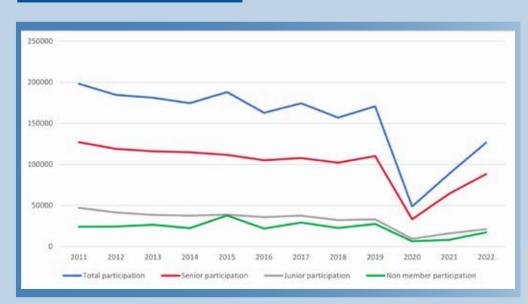
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# **British Orienteering at a glance**

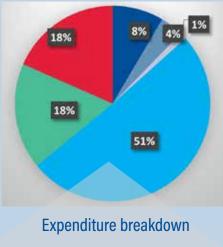


#### **Participation trends**



#### Image: Grace Molloy leads the Women starting in the JK 2022 Relay race; *Image Credit: Robert Lines..*

#### Where your money goes





# Special acknowledgements



#### **Helen Errington**

It was with the deepest sadness and regret that we announced the passing of much respected colleague Helen Errington this year.

Helen and her family have been part of the orienteering family for many years and she was well respected as a competitor and competition organiser and will be greatly missed by friends and colleagues from the sport. We know that many of you receiving this, and many thousands more beyond, will have run at an event made possible by Helen.

One of the few ambitions she failed to reach was to be British Champion; she always had her eye on W90, which she joked would require her to be the last woman standing. Sadly, that was not to be, but we will remember her long list of remarkable achievements with immense pride.

### Simon Greenwood

Simon Greenwood from Saxons Orienteering Club and Chair of the South East Orienteering Association for over 20 years passed away in the early hours of 12th December.



Simon was such a prominent and larger-than-life figure in SE and British Orienteering, that it is hard to imagine him not being in the forest and car parks at future events or chairing our SEOA meetings.



### Noel Bogle MBE

We also announced the passing of Noel Bogle. Noel was the main founding member of North West Orienteering Club almost exactly 50 years ago and played a major part in establishing and developing the Northern Ireland Orienteering Association over many years. He was also heavily involved in forming the close links with the Irish Orienteering Association which continue today.

Noel was Chairman of NIOA from 1975 to 1977 and Chairman of North West Orienteering Club (NWOC) from 1974 to 1980 and again from 2000 to 2016. Noel was appointed Honorary President of NWOC in 2016 and was the first recipient of the Colin Henderson Trophy for Services to Northern Ireland Orienteering in 2021. A well-deserved acknowledgment of his dedication to our Sport.

# Special acknowledgements

## **The Orienteering Foundation**

The Orienteering Foundation is a registered charity (number 1118793) that promotes and supports orienteering, helping to ensure that our amazing sport is here for the enjoyment of generations to come.

The Orienteering Foundation is independent of British Orienteering, but the two organisations cooperate closely.

The Foundation uses the donations it receives to give grants to deserving projects and individuals, recent examples being:

- Financially supporting Alasdair Pedley to attend the International Orienteering Foundation's Young Leaders Academy
- Junior Regional Orienteering Squads coaching course
- Supporting a number of Club Development Officers
- Elite coach development programme
- Lagan Valley Orienteers coach development

If you want to find out more about making grant applications, donating or leaving a legacy, visit the Orienteering Foundation website: <a href="https://www.orienteeringfoundation.org.uk">www.orienteeringfoundation.org.uk</a> or email <a href="https://www.orienteeringfoundation.org.uk">admin@orienteeringfoundation.org.uk</a> or email <a href="https://www.orienteeringfoundation.org">www.orienteeringfoundation.org.uk</a> or email <a href="https://www.orienteeringfoundation.org">www.orienteeringfoundation.org.uk</a> or email <a href="https://www.orienteeringfoundation.org">www.orienteeringfoundation.org.uk</a> or email <a href="https://www.orienteeringfoundation.org">www.orienteeringfoundation.org</a>.



## World Orienteering Championships 2024

## Historic city of Edinburgh prepares to welcome the World Orienteering family back for the first time since 2015

With the world's best orienteers already beginning their preparations, the venue and host city is doing likewise as the highlight of next season rapidly approaches.

While often thought of as a countryside sport, in July 2024 orienteering will take over Edinburgh, when the Sprint World Orienteering Championships visit Scotland's capital city. Five days of racing – for everyone from elite athletes to complete beginners – will showcase orienteering and allow people of all abilities to enjoy a world-class sport in a world-class city.



Not only is it more than eight years since the World Championships were last held in the UK but 2024 also marks the second time that the World Sprint Championships has been held and the Local Organising Committee are working hard to ensure an unforgettable and exciting event for everyone.



All WOC 2024 races will be staged in Edinburgh, a UNESCO World Heritage Site and the leading festival city in the world. Edinburgh is packed with historic tenements, the narrow and intricate alleys of the Old Town, the sweeping elegance of the Georgian New Town and, of course, the iconic 12th century Edinburgh Castle and 16th-17th century Palace of Holyroodhouse. Edinburgh is one of the most stunning and enthralling cities in the world, and welcomes international teams, spectators and other orienteers.

The WOC Tour will offer a series of international events for juniors, masters and elites, using the same areas as WOC wherever possible. This fiveday event is fully integrated with the WOC 2024 programme and all race venues will be accessible by public transport.

# Words from the Chair



**Drew Van Beck** 

My perception of 2022 was that it was a much better orienteering year after the two previous years were so heavily disrupted by the pandemic. We didn't fully get "back to normal" but it was a joy to have significant numbers of people at major events, to have athletes competing internationally and to hold some board meetings in person rather than remotely.

There were a number of highlights to the year from the return of some of the major competitions such as the JK and the various British Championships after a fallow period due to the pandemic - on behalf of all of us I would like to thank those major event organisers and their volunteer team who persevered in the organisation of their respective events in difficult and changing circumstances and thank them for giving us the opportunity to compete in some new areas.

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On the international front we saw fantastic performances in Denmark at the Senior World Championships. Our congratulations go to all the athletes with a special mention for Megan Carter Davies who became Sprint World Champion.

As a Board, we try to govern the sport with a light touch making sure we fulfil our responsibilities as an NGB and enabling Peter Hart and his team to support clubs and volunteers. Peter has reshaped his team over the last couple of years; he has a very enthusiastic group of hard-working staff. Peter and the team are now in delivery mode against the strategic plan "Thriving Clubs for a New Generation". We've had positive feedback from Sport England and others about our direction of travel. As always, we really appreciate the support we receive from the various funding bodies, and we look forward to using the financial support to continue to broaden the appeal of our wonderful sport.

As ever in Orienteering, most of the work falls to clubs and volunteers rather than centrally. On behalf of the orienteering community, I thank the hard-working stalwarts who keep the sport alive.

Image: Members of South Yorkshire Orienteers, Forth Valley Orienteers and Dorset Orienteers; *Image Credit: Wendy Carlyle.* 



# Words from the CEO



After the challenges of the past two years, it was with great delight that we could return to more normal activities in 2022 while still continuing to utilise the communication tools we had established during the previous two years.

However, we still experienced the impact of COVID on the number of competitions, participation and membership all of which were at lower levels than pre pandemic. There are many reasons for this, and it was seen throughout the sporting environment in the United Kingdom.

**Peter Hart** 

The other highlight has to be the Senior World Championships in Denmark – the team as a whole finished in second place behind Sweden and came home with a number of medals including Megan Carter Davies where she became sprint world champion at the 2022 World Orienteering Championships. This made her only the third British athlete to become world champion in an individual discipline, after Yvette Hague and Jamie Stevenson. With the World Sprint Orienteering Championships being held in Edinburgh in 2024 the future looks very bright.

Throughout the year, working with the Board we have been looking at positioning the resources and work programmes to support our new Strategic Plan – Thriving Clubs for a new Generation. We all recognise that we have to use all our current resources more efficiently and effectively and bring in a new generation of orienteers and volunteers. The pandemic showed that we can change how we work and use our limited resources including volunteer time and running events in a different way to benefit the sport and reduce the volunteer burden.



Megan Carter-Davies makes her way through the course of the Sprint Finals at the World Orienteering Championships 2022; *Image credit: IOF/William Hollowell.* 



British Orienteering will receive an investment of £1.214m of government and National Lottery funding from Sport England over the period 2022-27. British Orienteering was awarded the long-term funding because it committed to co-deliver change at a national and local level, to help more people enjoy the benefits of playing sport and being active.

Much of this funding will support grass root and club activities and will support the work outlined in the Strategic Plan.

In July 2022, we launched our Instagram account to help showcase some of the fantastic images of our orienteers in action, and by the end of the year we had 845 followers. The social media platform has enabled us to highlight some of the great achievements of our elite athletes, while supporting the activities and events of our clubs – we thank everyone for their continued support.

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The biggest thank you is to our Members; the people on the ground making orienteering happen on a daily basis. It is hugely satisfying seeing what is being achieved and the opportunities being offered across the board to our community.



As a result of the re-positioning of our staff, to reflect the new approach to delivering the Strategic Plan we had to say goodbye to some staff who have shown great commitment and motivation for their roles. Janette Blunden retired at the end of 2022 after working with British Orienteering for 18 years and Jennie Taylor left us for pastures new after working with us for eight years. We'd like to thank them for their long and loyal service. We now have a new enthusiastic and committed team in place to work and support the clubs and members.

I would like to acknowledge and thank the members of the Board for the unseen work that they do, as volunteers to govern and oversee our organisation.

The biggest thank you is to our Members; the people on the ground making orienteering happen on a daily basis. It is hugely satisfying seeing what is being achieved and the opportunities being offered across the board to our community.

Images: (Top Left to bottom right) Junior members of Forth Valley Orienteers at JK 2022; *Image credit: Robert Lines.* Orienteers taking part in BOC 2022; *Image credit: Wendy Carlyle.* 



# **Treasurer's Report**



**Andy Robinson** 

The 2022 accounts show a deficit of £13,982. Hooray! We've finally made a deficit albeit a small one.

A simple analysis is shown in the three tables below. Income has increased considerably (a full programme of domestic major events and Sport England funding the Find Your Way project) but expenditure has increased even more so. The major event expenditure dominates that increase but look at the surplus generated. More important are the increase in performance costs (a full international programme) and payroll costs.

During Covid the staffing level was pared down to somewhere inside the bone. After Covid we have been able to launch the new strategic plan. This meant recruiting more staff and has now been completed. The payroll cost at the end of the year was heading towards twice what it was at the beginning.

This small deficit has meant that reserves have fallen to £612k which is still well in excess of that required by our reserves policy - £359k.

	2022	2021
Membership	118.6	121.2
Levy	147.8	103.5
Major Events	206.5	36.0
Athletes' contribution	45.4	27.6
Commercial	61.9	55.5
Sport England	295.5	249.0
Sport Northern Ireland	39.3	27.5
Prior year adjustments	0.0	57.8
Interest	6.8	4.0
	921.8	682.1
SURPLUS/DEFICIT	-14.0	72.3



Image: A junior member of South Yorkshire Orienteers takes part in the British Relay Championships 2022; Image credit: Robert Lines.



Income has increased considerably (a full programme of domestic major events and Sport England funding the Find Your Way project) but expenditure has increased even more so. The major event expenditure dominates that increase but look at the surplus generated.

#### Income

# **Treasurer's Report**

#### Expenditure

2022	2021
29.6	23.9
166.2	38.7
13.2	12.2
65.3	50.2
155.3	92.3
23.6	34.8
421.2	305.0
61.4	52.7
935.8	609.8
	29.6 166.2 13.2 65.3 155.3 23.6 421.2 61.4

#### Discretionary

2022	2021
29.6	23.9
166.2	34.2
13.2	12.2
3.9	4.6
124.1	64.4
23.6	34.8
176.9	106.5
41.3	36.4
19.8	16.3
598.6	333.3
	29.6 166.2 13.2 3.9 124.1 23.6 176.9 41.3 19.8

However, in the last 18 months we have all felt inflationary pressures and we are not exempt from this. As a Board we have planned to support the delivery of the Strategic Plan and have forecasted a deficit budget for the next three years including supporting the World Championships which will bring our reserves down to around the level identified in our Reserves Policy. Over the past few years we have not raised our income from membership or levies but unfortunately, we are now in a position that we have to do this to make our operations sustainable.

We have tried to keep these increases for members below those of inflation.

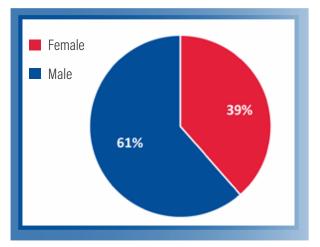
Image: Members of the Scottish Junior Orienteering Squad at the British Relay Championships 2022. *Image credit: Robert Lines.* 

You will note the proposed increase in the levy fee for non-members, who do not pay the British Orienteering membership fee and currently pay the same levy as members and therefore make a smaller direct financial contribution towards the central cost of administering the sport than those who are members. I hope that you can support the implementation of the levy fee for senior non-members as currently members are subsidising the cost of non-member participation which is not fair or right.

It remains for me to thank the efforts of the office staff in the preparation of these figures. Jannette Blunden has done all the legwork in keeping the records up to date overmany years, preparing these accounts and liaising with the auditors. I look forward to working with our new Finance Manager, Kelly Perryman. Peter Hart have always been at hand (day, night, weekend) for advice and guidance.

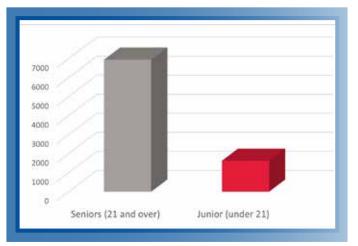
# Membership Data

#### Male and Female Orienteers



#### Age breakdown of membership

#### **Seniors and Juniors**



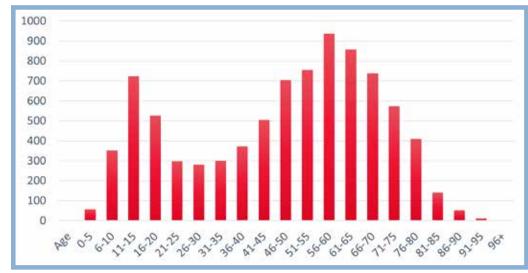
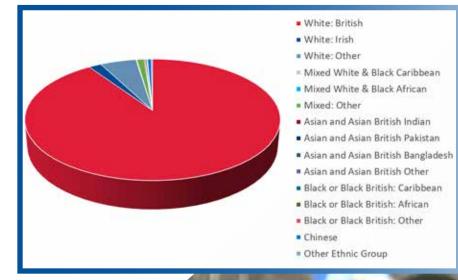


Image: An orienteer at the British Relay Championships 2022. *Image credit: Robert Lines.* 

#### Ethnicity of membership



# Performance

### Double Medal success for Great Britain at the 2022 World Orienteering Championships

Megan Carter-Davies received Gold in the Women's Individual Sprint Race, and Alice Leake, Bronze, in an event that produced fantastic runs from all the Great Britain team. After achieving three heat wins in the morning, Great Britain qualified five of the six athletes for the finals of the Individual Sprint, with the top 15 from each group qualifying for the Final.

Nathan Lawson put in a great performance but unfortunately just missed out on qualification finishing 19th in his group. The Men's Individual Sprint Final was first up with Ralph Street up first and a solid run put him in a great spot which eventually saw him pick up a podium 6th place.

Kris Jones, who started last, due to putting in the fastest heat time was flying through the run and crossed the line in 3rd place. Unfortunately, a mis-punch on the course saw him later disqualified in an event that was won by Kasper Harlem Fosser (NOR) impressively by 16 seconds.

In the women's event, all three athletes qualified impressively for the final, with both Charlotte Ward and Megan Carter-Davies winning their respective heats.

Simona Aebersold (SUI), Megan Carter-Davies (GBR), Alice Leake (GBR) *Image credit: IOF / William Hollowell.* 



GBR Alice Leake was the first Brit up, who in 2021 took 4th place in this same event and ran a solid race, which put her in the leader's chair until right up to the end of the race. GBR Alice Leake managed to hold on to the Bronze medal seeing her improve one place up from her result at the World Orienteering Championships in the Czech Republic.

Both Charlotte Ward and Megan Carter-Davies were one of the last starters in the women's race. Under pressure, race favourite, Tove Alexanderson (SWE), was forced into making a few rare errors and she was eventually beaten into 6th place. Megan Carter-Davies ran a clean race which saw her fastest on the checkpoints throughout the race and she held on to take the overall win in 1st place, crowning her World Orienteering Champion!

# Safeguarding

As a sport we continue to strive and work together to ensure the welfare and protection of all participants and volunteers; this remains a key priority for Orienteering.

The publication of the Ann Whyte Review was an important milestone in safeguarding for all sports during 2022. The review highlighted crucial areas of governance and culture at all levels to ensure all those taking part do so in a safe and supportive environment. British Orienteering assessed the sport against the recommendations and although there are still areas to work on, we can be confident in our structures and procedures.

This was supported by the Child Protection in Sport Unit (CPSU) during its annual review where British Orienteering maintained the highest standards rating of "met".

Case reporting remained low with three reports made during the year.

Our Orienteering focused eLearning <u>'Introducing Safeguarding' course</u> remains popular and supports members to gain a good baseline knowledge of safeguarding.

Images top to bottom: A young orienteer takes part in a course; *Image credit: Robert Lines.* Team GB at the European Youth Orienteering Championships 2022. A junior orienteer at BOC 2022. A member of South Yorkshire Orienteers runs past control points; *Image credits: Wendy Carlyle.* Time to navigate! Members of Lagan Valley Orienteering Club get stuck into a course.



# Development

2022 commenced with The Development Conference taking place online. Building on the success of the online Coaching Conference in 2021, nine sessions were delivered over a five-week period seeing nearly 350 attendees and sessions including 'Creating a whole club experience', 'Safeguarding', 'Engaging and retaining young people' and Access and permissions.'

We must thank key volunteers from across the country who delivered these sessions: Fran Loots, Pauline Tryner, Neil Cameron, Andrew Evans, Caroline Mackenzie, Mary Fleming, Leanne Sargent, Richard Burke, Sarah Dunn and Hannah Sprake.

Having commenced our webinar programme in 2018, it has grown in strength since then and continues to provide a valuable and accessible resource to members across the UK. Each webinar can be found on our webinar's <u>webpage</u>.

The strategic plan launch, during 2022, also provided an important focus for the development team providing clear direction to support growth. As part of the 'Strengthen Lifelong Pathways' theme, Tom Leeder (University of East Anglia) led a coaching review, commencing in late in 2022. Working together with coaches of all levels across Orienteering, the review (due for completion in 2023) aims to provide insight into the coaching provision currently in place and how this can evolve to provide greater support, training opportunities and encourage more people to become coaches.

#### FIND YOUR WAY PROJECT

FACILITATING AND ENCOURAGING MORE YOUNG PEOPLE, FAMILIES AND HARD TO REACH COMMUNITIES TO HAVE POSITIVE EXPERIENCES IN LOCAL GREEN SPACES THROUGH THE USE OF A FREE MOBILE PHONE VIRTUAL ORIENTEERING APP



IT DAYS

Having launched in October 2021, The <u>Find Your Way Project</u> gained real emphasis in 2022. Through direct funding by Sport England the project works closely with clubs to reach new communities increasing the accessibility and inclusivity of Orienteering through the use of the Map Run app. In year 1 of this project 42 come and try it days took place, with 52 new areas mapped and 84 bespoke community courses created.

Image: Participants enjoying a Find You Way event at Woodlands Farm Trust organised by Dartford Orienteers. *Image credit: Dartford Orienteers.* 



42COME AND TRY

## **Volunteer of the Year Award**

### Stephen Richards, South Lancashire Orienteering Club

As an invaluable and integral member of SELOC for a number of years, Stephen has worked effortlessly to organise multiple events, spending quality time ensuring maps are all up to date and mentoring new mappers within the club. He has brought his knowledge and passion to the committee and has been described as the "glue that brings us all together...although he will deny it!"

He'll often plan higher-level regional events and is supportive of new planners at the club leading them to feel confident and valued as they become more involved, benefiting the club long term.

Always on hand to speak to newcomers of orienteering, he helps put them at ease and his soul focus is to ensure everyone has a great time and succeeds.



## Young Volunteer of the Year Award

#### Dan Graves, Glasgow University Orienteering Club

Prior to starting as a student at Glasgow University in September 2022, Dan had already established contact with the local Glasgow clubs (STAG and Clyde) and SOA to see what support was available to help him set up the club and start planning for freshers' week and their first event. Since then, he has established a new club named the Glasgow Orienteers and Trailrunners (GOAT) as well as welcoming a host of new members, many of whom are new to orienteering.

As Club Chair, he plans all the clubs' activities, from training to communications and has built valuable relationships with external stakeholders, leading to a number of additional events being hosted such as the GOAT/CLYDE Winter Urban Night Series and a Fell Running O Series.



### **Club of the Year Award** Swansea Bay Orienteering Club

In 2022 Swansea Bay Orienteering Club celebrated their 50th Anniversary. They used this to initiate an ambitious plan to ensure SBOC and the sport has a future in Southwest Wales. They recognised this is going to be a real challenge in view of the state of Orienteering in Wales following Covid.



They developed a club vision: SBOC would be a top-quality orienteering club which warmly welcomes and caters for all ages and abilities. Alongside this, they developed seven strategic objectives that covered: providing quality events for all; expanding membership and participation; retaining and developing juniors; supporting members to achieve their potential; foster inclusive club environment; ensuring orienteering is sustained in SW Wales; being a valued partner to groups and organisations in their area.

By recruiting a Club Development Officer to "create a foundation for the future" they have witnessed a significant difference to what they do and their engagement with wider community and partners.

The club held 45 events including local, regional, urban, sprints, night and MapRun formats. In 2022, they hosted the JK Sprint with fabulous feedback on the planning and organisation and over 50 members volunteering. They have also established relationships with The Outdoor Partnership, Swansea Park Lives, Council Active Youth Team, Penllergare Trust and Sport Wales.

To support member development and encourage newcomers they have held 31 activities with coaching, fitness and technique practice. Midweek classroom sessions are held on planning, organising, map-making and use of technology. Engaging the younger generation is key to their development and the Club committee has six members (half of which are under the age of 30).

The SBOC Seren Awards are a personal performance award scheme aimed at encouraging and recognising skills development. The scheme has 6 levels which will develop orienteering skills in a structured and progressive format and is a great way for juniors to keep track of how they're progressing as an orienteer. Such is the success of the scheme that WOA have now adopted it.

In order to keep their volunteers engaged and feel valued, they provide vouchers, subsidising club kit and the club dinner. They also subsidise Club jackets to encourage a feeling of pride in being a member and have a better whole club experience.

### **University Club of the Year Award** Glasgow University Orienteering Club

In less than a year Glasgow University Orienteering has gained around 40 members, which is a huge achievement for any university orienteering club. The club has been very successful at attracting, engaging and retaining students who are new to orienteering. The vast majority of their membership is new to the sport.



To help develop the club into the future two members have undertaken their foundation coaching award. Another member has now started their Level 1. The club is now beginning to develop the skills of the newcomers who started orienteering back in September with the hope they will go on and become committee members in the future.

Glasgow University Orienteering Club has helped to tighten the Scottish University Orienteering club scene. Prior to the formation of Glasgow University Orienteering Club, the Scottish University clubs were very separate, with interactions limited to the Scottish Universities and BUCS. Hence, Glasgow took the initiative to invite Aberdeen and Stirling University orienteering club members to join their training camp. The three universities shared accommodation, post pre-event activities and meals over the weekend. To top it off on the Saturday night, Glasgow invited Edinburgh along for a social. All four Scottish University clubs were in one room together playing party games!

Glasgow University has brought new energy to orienteering in Glasgow and in University Orienteering. They have managed to attract a wide range of students to start orienteering whilst building links with the community and trying to promote orienteering more widely than the university.

# **Respect the Environment Award**

#### Susan Lambe, Lagan Valley Orienteers

Susan won our very first Respect the Environment Award this year. She runs a TerraCycle scheme locally and encourages club members to participate in this. Susan regularly picks up litter in the areas local to where she lives, as well as at events. Furthermore, she has encouraged club members to car share and to responsibly recycle map bags.



One of Susan's peers said: "Susan has been pivotal in our club with environmental improvements such as re using map bags, litter picking and encouraging us to car share to events and bring our own bottles and cups! She also organises recycling with her TerraCycle group and encourages us during events to recycle where we can".

### **Development Innovation of the Year Award** Oli Johnson Dom Dakin, South Yorkshire Orienteers

To celebrate SYO's 50th anniversary, Oli developed an orienteering course that followed the route of the Round Sheffield Walk – a 15 mile route through Sheffield's parks and woodlands! Designing a special map that joined up the entire route, the full 28km course was named the "Full Monty." It consisted of 50 controls and included 650m of climb and was made more accessible to less athletic club members, by being divided into eight smaller stages. Participants could compete the whole lot or as many stages as they wanted.



Dom was responsible for setting up the course as a MapRun activity and he also developed a website: "Round Sheffield Orienteer", which included information about the different stages and a leader board.

Oli held a launch event, where we marketed the course to the local community. After the event the maps were available to purchase in a local running shop (which has proven to be very popular with running groups and members). A competition was held throughout the summer to see who could post the fastest time for the Full Monty and the different stages. The course is still available as a MapRun on the SYO website. The map itself is fabulous and a wonderfully innovative product in its own right!

### **Peter Palmer Coach of the Year Award**

#### Roger Goddard, Forth Valley Orienteers

Roger has built and organised an enthusiastic team of coaches and parent helpers as well as regular junior attendees from the West area of Scotland. As the lead coach and organiser for the Scottish West Area Team (SWAT) he has kept morale and commitment alive through the hardest parts of lockdown in 2020/ 2021 using online sessions to engage youngsters when in-person meeting was impossible. He ensured the juniors were back out orienteering as soon as it was safe.



Team activities have included online planning sessions and online quizzes, day training sessions in a wide variety of terrain, and residential weekends often combining training and racing. The program in 2022 consisted of 10 in-person days of training and racing split over 4 residential weekends and further individual training days.

One of the many nominees said: "Roger encourages a strong team spirit that shows in the enthusiasm of the athletes and the mixing of juniors from different clubs and age ranges."

### Silva Award

#### Nev Myers, Yorkshire & Humberside Orienteering Association

Nev started orienteering in 1971, when he was 14 and quickly became hooked onto the sport. Over the years he started helping out more with planning events and map surveying. He went on to win junior races at both British Championships & the JK and ultimately was selected for international events. In his later teens, he became a member of the Ebor Management Committee and continued to compete in the sport for many years. He has been Chairman since 1999.

Passionate about dedicating his time to help others, Nev has been incredibly supportive of junior orienteers and has spent countless hours mentoring and organising and delivering coaching opportunities for hundreds of young athletes, on an individual and group level. This led him to helping the England Junior Home Internationals Team from 2008 until recently.



Speaking of Nev, one of his peers said: "Due to his unfaltering commitment to the sport, Nev has helped young people thrive and have the best start at their own orienteering journeys."

# Thank you to all the volunteers who have helped enable our sport to happen this year.



Image: Some of the volunteers at the British Orienteering Individual Sprint Qualifier Championships 2022. *Image credit: Wendy Carlyle.* 

# Mapping Award Winners 2022

### The Bonington Trophy

Presented for services to mapping

#### David Olivant Nottinghamshire Orienteering Club

David has been the original mapper of at least 20 of the Nottinghamshire Orienteering Club's maps, including those for major events, since the 1980s. Happy to spend hours in the forest, park, or urban areas he has been described by his peers as "one of the unsung heroes of orienteering without whom the sport would not exist."

#### The Chichester Trophy Presented for the best map produced

by an amateur

#### Simon Errington Hertfordshire Orienteering Club

Simon was responsible for a complete resurvey and redraw of an area that has been in use for orienteering since the 1960s. It is based on Environment Agency LIDAR data, with extensive use of the DEM analysis tools available in OCAD.

Speaking about the mapping he said: *"I made eight visits to the area and covered over 120km to produce and check the map."* 

# Mapping Award Winners 2022

## The Silva Trophy

Presented for best map produced by a professional mapper

#### Ben Mitchell Swansea Bay Orienteering Club

Ben was responsible for designing a map of Singleton Park, which was based on 1-meter DTM and DSM LiDAR data, as well as OS Mastermap for the JK Sprints.

Comprising of three sections, the map included classic complex university buildings, which posed many minimum width challenges, with parallel rows of uncrossable features; open parkland, which required contour generalisation; and ornamental gardens, which were carefully drawn to clearly show the gaps in hedges and the different runnabilities of the vegetation.

## **The Walsh Trophy**

## Presented for the best urban or sprint map

#### Simon Errington Hertfordshire Orienteering Club

Simon originally surveyed and drew this map in early 2020 for use as part of the Welwyn Garden City Centenary celebrations. It was cancelled because of COVID and the map was eventually first used on May 8 2022. The map is based on Ordnance Survey material and Environment Agency Lidar data. The submitted map is the full mapped area, but courses on the day made use of four different maps extracted from this master.

# Roll of honour

## **International Results**

#### World Champions

Athlete	Competition
Megan Carter Davies	Sprint Event
Emily Benhan-Kvale	Mountain Bike Orienteering – Long Event
M45 Nick Barrable	World Masters Sprint Event
M60 Graham Patten	World Masters Sprint Event
M75 Peter Gorvett	World Masters Sprint Event
W45 Sarah Rollins	World Masters Sprint Event
W90 Eileen Bedwell	World Masters Sprint Event

#### Silver Medals

Athlete	Competition
Megan Carter Davies	Knock Out Sprint Event
W35 Sarah Jane Barrable	World Masters Sprint Event
W65 Alison Simmons	World Masters Middle
(Megan Carter Davies, Kris Jones, Ralph Street, Charlotte Ward)	Sprint Relay Team



#### **Bronze Medals**

Athlete	Competition
Alice Leake	Sprint Event
W65 Allie Wilson-Craw	World Masters Sprint Event
M60 Graham Patten	World Masters Middle
W45 Sarah Rollins	World Masters Middle
(Cecilie Andersen, Charlotte Ward, Ralph Street, Jonathan Crickmore)	World Games Mixed Sprint Relay

Images: Megan Carter-Davies at the World Orienteering Championships; *Image credit: IOF/William Hollowell*. Eileen Bedwell, Graham Patten, Nick Barrable and Sarah-Jane Barrable at the World Masters Sprint Event. Team GB Group Shot. Members of Team GB after the World Orienteering Championships; *Image credit: IOF/William Hollowell*.



# Roll of honour

### **British Championships**

Age group	Long	Middle	Sprint	Night
Senior Women	Megan Carter Davies (SBOC)	Alice Leake (AIRE)	Megan Carter Davies (SBOC)	Megan Carter Davies (SBOC)
Junior Women	Rachel Duckworth (DVO)	Rachel Duckworth (DVO)	Rachel Brown (EUOC)	Rachel Brown (EUOC)
Senior Men	Graham Gristwood (FVO)	William Gardener (OD)	Kristian Jones (FVO)	Graham Gristwood (FVO)
Junior Men	Peter Molloy (FVO)	Peter Molloy (FVO)	Peter Molloy (FVO)	Joe Sunley (EUOC)

### **Club Competitions**

Competition	Club
Compass Sport Cup	South Yorkshire Orienteering Club
Compass Sport Trophy	Interlopers Orienteering Club
Yvette Baker Trophy	South Yorkshire Orienteering Club
Yvette Baker Shield	Suffolk Orienteering Club



Images: Graham Gristwood (FVO); *Image credit: Forth Valley Orienteers.* Rachel Duckworth of (DVO).

### **IOF Gold Pins**

Awarded for recognition of service to the International Orienteering Federation

The gold pins have been in place since 2004 and are rarely awarded. Since 2004, only nine pins have been awarded. At the 2022 IOF Congress, there were four new pins awarded and Great Britain received three of them!

The individuals that were awarded the Pins were:

- David Rosen
- David May
- Clive Allen a member of British Orienteering and Danish orienteering who works for the IOF and BOF as our historian.





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