

# FINDING ADVENTURE THROUGH ORIENTEERING TRAINING

### What is Orienteering?

A chance to explore the outdoors using a map to find check points. Choose the best route to find all the check points in the quickest time you can.



## JULY

Monday 1st - Debdale Outdoor Centre Tuesday 2nd - Alexandra Park Depot, Wednesday 3rd - Boggart Hole Clough Mon 8th - Alexandra Park Depot Tuesday 9th - Debdale Outdoor Centre



Wednesday 10th - NACRO GM Outdoor Learning, Wythenshawe Park



This free training session will introduce you to the orienteering opportunities in your local parks and how you can use them with your groups.

It will enable you to plan and deliver outdoor and indoor sessions in a fun way.



### Who's it for?

Anyone working with groups of children and young people - Teachers (primary, secondary, SEND), youth workers, volunteers, home educators.

# What to wear

You don't need any special equipment or clothes. Just wear something comfortable and some sturdy shoes / trainers. A waterproof might be useful if it's wet!



# More info & EVENT details available on www.moet.org.uk

**BOOKING at EVENTBRITE** 

https://www.eventbrite.com/cc/find-your-way-training-manchester-3428799







