

# Anti-Doping Rules and Procedures

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## British Orienteering UK Anti-Doping (UKAD) Position Statement - 1<sup>st</sup> April 2022

The British Orienteering Anti-Doping Rules and Procedures Policy document currently states:

*The Board of British Orienteering agreed that the anti-doping rules of British Orienteering shall, as and from the 19 September 2015, be:*

*“The anti-doping rules of British Orienteering are the UK Anti-Doping Rules published by UK Anti-Doping Limited (or its successor), as amended from time to time. Such rules shall take effect and be construed as rules of British Orienteering.”*

### Introduction

We believe all athletes have the right to compete in sport knowing that they, and their competitors, are clean. In pursuit of clean orienteering, British Orienteering works in partnership with UK Anti-Doping (UKAD) and the International Orienteering Federation (IOF) to ensure that the integrity of our sport is protected.

### Definitions

<b>Athlete</b>	Any Person (including any Recreational participant) who competes at any level in the sport under the jurisdiction of British Orienteering. For purposes of Article 2.8 and Article 2.9 of the UK Anti-Doping Rules, an Athlete is any Person (including any Recreational participant) who participates at any level in any sport under the authority of any Signatory, government or other sports organisation accepting the Code.
<b>Coach</b>	Any coach working with an Athlete participating in or preparing for sports competition.
<b>Support Person</b>	Any team manager, team support staff (sport scientist, doctor, physiotherapist, S&C coach etc.), agent, official, parent or any other Person working with, treating or assisting an Athlete participating in or preparing for sports competition.
<b>Participant</b>	Any Orienteer or Athlete Support Person.
<b>Person</b>	A natural Person or an organisation or other entity.

## 1.0 Anti-Doping Rules

British Orienteering has in place a set of anti-doping rules that all athletes, coaches and athlete support personnel must abide by. The anti-doping rules for British Orienteering are consistent with the [World Anti-Doping Code \(2021 Code\)](#), which governs anti-doping internationally.

The anti-doping rules of British Orienteering are the UK Anti-Doping Rules published by UK Anti-Doping (or its successor), as amended from time to time. Such rules shall take effect and be construed as the rules of British Orienteering.

If you are a member of British Orienteering then the anti-doping rules apply to you, regardless of what level you participate at.

You can find the UK Anti-Doping Rules [[www.ukad.org.uk/anti-doping-rules](http://www.ukad.org.uk/anti-doping-rules)] [here](#).

British Orienteering in collaboration with UKAD support all members in understanding their responsibilities through the provision of Clean Sport Education and information.

The UK Anti-Doping rules apply to all members for whichever is the longer of a) the length of the membership period; or b) 12 months from the date of issue of the membership.

The UK Anti-Doping rules shall apply to and shall bind all Athletes, Athlete Support Personnel and other Persons under the jurisdiction of British Orienteering. Those to whom these Rules apply include:

- 1.1 All athletes, coaches and athlete support personnel and other persons who are members of British Orienteering and/or other affiliated organisations;
- 1.2 All athletes, coach, athlete support personnel and other persons participating in such capacity in events, competitions and other activities organised, convened, authorised or recognised by British Orienteering;
- 1.3 All coaches, athlete support personnel and other persons working with, treating or assisting an athlete participating in a professional or sport capacity;
- 1.4 All athletes, coaches, athlete support persons and other persons taking part in Orienteering with any of the home nations (including any clubs, teams, associations or leagues); and
- 1.5 Any other athlete, coach, athlete support personnel or other person who by virtue of a membership, contractual arrangement or otherwise, is subject to the jurisdiction of British Orienteering for purposes of anti-doping, whether or not such person(s) is or are resident in the UK.

**2.0** Athletes, Coaches, Athlete Support Personnel and other Persons must accept these rules as a condition of participation and shall be bound by them. It is the personal responsibility of each athlete and athlete support personnel to acquaint him/herself and comply with the British Orienteering Anti-Doping Rules

**3.0** UK Anti-Doping (UKAD) is responsible for the implementation and management of the UK's National Anti-Doping Policy and their mission is to protect the right of athletes to compete in clean sport. UKAD is responsible for ensuring sports bodies in the UK are compliant with the World Anti-Doping Code through implementation and management of the UK's National Anti-Doping Policy.

[www.ukad.org.uk](http://www.ukad.org.uk)

This is the UKAD [website](#), which is aimed at UK athletes. It has links to the WADA and Global DRO websites, along with education for athletes including the UK Anti-Doping Rules, the UK National Anti-Doping Policy, the process for obtaining a TUE and other information.

**We encourage UK athletes to use this as their primary source when researching anti-doping.**

**4.0** All athletes as set out in (1.0) are subject to drug testing. For the purposes of the UK Anti-Doping Rules, consent of a parent or guardian to the testing of a minor is deemed to follow automatically from the fact that the minor has been permitted by their parent/guardian to participate in orienteering. Any minors participating in orienteering, therefore, may be subject to drug testing.

**5.0** All Athletes, Athlete Support Personnel and other Persons must cooperate fully with any anti-doping investigations or proceedings, whether conducted by UK Anti-Doping or any other competent body. Failure to do so without acceptable justification may be treated as misconduct under British Orienteering's Anti-Doping Policy and may be sanctioned accordingly.

**6.0** In the event that a person who is subject to British Orienteering's jurisdiction commits an act of misconduct that relates to anti-doping but does not amount to a violation of the UK Anti-Doping Rules, British Orienteering may bring disciplinary proceedings against that person for such misconduct under British Orienteering's Code of Ethics, Behaviours and Conduct [found here](#) and they may be sanctioned accordingly.

7.0 Should an athlete not on UK Anti-Doping's National Registered Testing Pool or Domestic Testing Pool wish to retire from competition, and no longer be subject to anti-doping responsibilities, they should provide the following information to confirm their retirement to British Orienteering via [info@britishorienteering.org.uk](mailto:info@britishorienteering.org.uk) :

1. Full name, date of birth, current club;
2. The date of retirement;
3. These details must be accompanied by the athlete's signature and send from the athletes verified email address.

### Further Information for Athletes

**8.0** [www.ukad.org.uk/athlete](http://www.ukad.org.uk/athlete) – 100% me; supporting athletes to be Clean: 100% me is UK Anti-Doping's education programme for athletes – designed to provide information resources, education sessions and general advice to athletes throughout their sporting careers.

'100% me Clean Sport App' is able to be downloaded (Apple & Android)

### 9.0 Checking Medication

[www.globaldro.com](http://www.globaldro.com) – This is a website which allows athletes to search medication in order to check if there are any substances contained within the medication that is included in WADA's Prohibited List. The website is now optimised for smartphones enabling athletes to check their medications on the go.

## 10.0 Applying for a Therapeutic Use Exemption (TUE)

Athletes who need to use a banned substance or method to treat a genuine medical condition, and there are no reasonable alternatives, may have to apply for a TUE.

IOF Guidelines - <https://orienteering.sport/iof/anti-doping/>:

*“All athletes in the IOF Registered Testing Pool, and all athletes taking part in IOF Major Events (in this context: World Cup, World Championships, Junior World Championships, Regional Championships, in any of the recognised disciplines) and needing any medication/treatment that is on the WADA Prohibited list, must apply for a TUE from the IOF. Other athletes should apply to their National Anti-Doping Organisation.”*

Furthermore, orienteering athletes who do not need to submit their TUE application to the IOF, based on their competition level, are not required to apply in advance to UKAD for any TUE required. Instead, such athletes are required to apply for a retroactive TUE with UKAD if they are subject to Doping Control.

## 11.0 Managing Supplement Risks

There are no guarantees that any supplement product is free from banned substances.

Athletes must be fully aware of the risks to their career if they chose to use a supplement product.

An important principle of the WADA Code is that of strict liability, which states that athletes are solely responsible for any prohibited substances they use, attempt to use or is found in their system regardless of how it got there and if there was an intention to cheat.

Before taking supplements, athletes must therefore assess the need, risk and consequences to their careers.

## 12.0 Reporting Doping in Sport

Intelligence is a crucial part of keeping sport clean. Since 2016 almost half (47%) of the Anti-Doping Rule Violations came through intelligence.

UKAD rely on your information, whether that is witnessing someone doping or having a suspicion that someone is breaking the Anti-Doping Rules.

The information you provide, however big or small, could be the last piece in a much larger jigsaw that helps us prosecute those who chose to dope.

Any information you provide us will remain confidential.

Methods for contacting UKAD can be found [here](#)

## 13.0 British Orienteering Anti-Doping Officer

The Anti-Doping Officer for British Orienteering is the Chief Executive.