

Text in bold below has mandatory status and must be followed by event officials. Other content refers to material provided for guidance and for information.

These Rules are to be used in conjunction with the British Orienteering Rules of Orienteering. Where these Rules vary or supplement British Orienteering Rules of Orienteering then this Competition Rule will take precedence.

Any questions regarding these Rules should be emailed to the CompassSport Coordinator at: cscupcoordinator@gmail.com

Any questions regarding entries should be emailed to the entries secretary at: cscentries@btinternet.com

1. General Information

1.1 Nature of the event

- 1.1.1 The CompassSport Cup is seen as an inclusive club competition for all club members and seeks to encourage club development across all age classes. There is deliberately no Black Course. It is felt that 'going a bit shorter' rather than longer for the course lengths is seen as more positive with regards inclusivity. There are no single age classes on a course, e.g. Women's Open is W21, W35 and W40 so the length has to be suitable for all three of these age classes. Consequently, competitors generally run shorter courses than they would for their age class at, say, a UKOL event.
- 1.1.2 Each annual competition shall consist of Qualifying Round matches and a Final.
- 1.1.3 The Final of each competition shall be between six or more clubs.
- 1.1.4 Each match in the Qualifying Round should be between the same number of clubs, as far as is possible having regard to the geographical distribution of the clubs.
- 1.1.5 The CompassSport Cup/Trophy entry secretary is responsible for collecting entries, arranging the draw, allocating the Qualifying Round matches to the venues, and informing all competing clubs of the draw and the dates and venues of the Qualifying Round and Final.
- 1.1.6 Clubs will be allocated to their Association event unless there are exceptional circumstances, such as a limit on entry numbers.

All qualifying rounds should have a minimum of two Cup clubs and/or three Trophy clubs.

Clubs that make a claim to participate in a round outside their Association event will only be allocated to this preference if:

- a. The clubs participating in their Association round make up a viable competition, which is a minimum of three teams in the Trophy round and/or two teams in the Cup round: and
- b. Their Association event has a reasonable entry level; and/or
- c. Their Association round has limited numbers; and
- d. There is capacity for their alternative choice to cater for them
- e. Their participation means there will be a minimum of two Cup clubs and/or



three Trophy clubs

- f. The club making such a request makes a suitable case for participating outside their Association
- 1.1.7 A CompassSport Cup/Trophy qualifying round is a Level B event.
- 1.1.8 The Final of the CompassSport Cup/Trophy is a Level A event.
- 1.1.9 These Rules may only be varied by the CompassSport Cup Coordinating Group.

1.2 Eligibility

- **1.2.1** All clubs affiliated to British Orienteering may enter the CompassSport Cup or the CompassSport Trophy.
- 1.2.2 Entry to the Trophy competition will be limited to those clubs with 120 or fewer members of British Orienteering. For this purpose, individual Senior and Junior members each count as one member. The count only includes Juniors in classes M/W12 and above and Seniors up to and including M/W80.

Methodology

Determine the number of BOF members in your club as at 30 September, (total people not units) then deduct all aged 1 to 11 and 86 or greater to give your club count. If this is 120 or fewer then you are a Trophy Club. 121 or more then you are a Cup club. This is the members first claim open club membership.

Calculation method

Total BOF membership:

Deduct aged 1 - 11 and 86 or greater:

Club count:

- 1.2.3 Membership will be measured as at 30 September in the year prior to the competition.
- 1.2.4 All competitors must be members of British Orienteering, except for SOA. "Club plus SOA only members" may compete for their clubs in the SOA eliminator round. They will need to join British Orienteering if they wish to compete in the Final.
- 1.2.5 Any competitor who changes clubs <u>and has already competed for one club</u> in either the Cup competition or the Trophy competition may not then compete for a second club in either of the competitions in the same year.

1.3 Entry Conditions

- 1.3.1 The male category in all age classes is open to all without restriction.
- 1.3.2 Individuals in all age classes will be eligible to compete in the female category if and only if they are eligible under the British Orienteering Trans policy found here.



2. Map and Terrain

2.1 Embargo

2.1.1 The CompassSport Cup/Trophy Qualification competition terrain is embargoed as soon as its location is published. The terrain must not have been used for orienteering for a minimum period of 12 months before the date of the competition.

2.2 Map

- 2.2.1 The terrain must be field worked in order for the map to be legible when presented at a scale of 1:15,000. However, a map printed at scale of 1:10,000 may be used for all classes.
- **2.2.2** The CompassSport Cup logo may be added to the map and is available from nick@CompassSport.co.uk
- 2.2.3 Maps for the Final at 1:15,000 of more contoured areas must be printed by offset litho. (Level A Rule applies). Otherwise, for both qualifying rounds and the Final maps of less contoured areas can be printed by laser/digital. This should be approved by the Controller.
- 2.2.4 The map must be printed by an approved printer.

3. Organisational Requirements

3.1 General

- 3.1.1 A qualifying round should have all the characteristics of a Level B Event such as good terrain, pre-marked maps and a suitable assembly area.
- 3.1.2 The Final should have all the characteristics of a Level A Event such as good terrain, pre-marked maps and a suitable assembly area.
- 3.1.3 Results must be published at the event and on a website the same day. Post event route and graphical split time analysis must be offered as soon as practical. As this is a team competition it is important that the team scores are regularly displayed and updated at the event.
- 3.1.4 The officials for each qualifying round must meet the requirements set out for a Level B Event in the British Orienteering Rules.
- 3.1.5 The officials for the Final must meet the requirements set out for a Level A Event in the British Orienteering Rules and include a Grade A Controller.
- 3.1.6 Event organisers should arrange a Jury before the event to deal with possible protests. Although the occasions on which they will be required should be rare, it is likely to prove more difficult than usual to obtain an independent Jury on the day, as many of the potential members will be competitors in the CompassSport competition, and thus not unbiased.



3.1.7 The competitions are organised in a spirit of goodwill, and it is hoped that all problems can be settled on an amicable basis.

3.2 Event dates

3.2.1 The Event Scheduling Group is responsible for determining the dates of the Qualifying Round and the Final. All matches in the Qualifying Round should take place on the same day unless, exceptionally, that is not possible. Event Scheduling Group will inform the Cup/Trophy Co-ordinator of these dates before the end of September in the year prior to the competition.

3.3 Publicity and Entries

Via the British Orienteering fixtures list, club websites, CompassSport magazine and event website.

3.4 Organisation of CompassSport Cup/Trophy events

- **3.4.1** The CompassSport Cup/Trophy competitions should normally provide the following facilities:
- an event web site for information, start lists, results, publication of previous maps and on-line entry and payment
- courses pre-marked on maps
- control description issue in start lanes
- pre-entry, with entry closing date as close as possible to, and certainly no more than 28 days before, the date of competition
- EOD for any non-competition/recreation courses
- pre-allocated punching start times
- start list at assembly area and at pre-start
- where an area has been used for an earlier event, unmarked maps on display in the assembly area (these may be of the map used for the earlier event)
- electronic punching
- same control site format at each control, with sample on display at the pre-start
- frequently updated results display
- A string course or other suitable activity for children such as "naughty numbers" or a maze.
- Clubs may use a system such as Fabian, Oentries, Slentries or any other online entry system to collect entries and payments. Start times must be allocated in accordance with Rule 5.1.

If the organising club uses an on-line entry system, then ALL clubs in that round MUST enter ALL their runners on the system by the closing date. Changes and further entries are at the organiser's discretion but MUST be shown on the on-line system.



3.5 Organisation of the Final

3.5.1 Any club may bid to host the Final via their Regional Association Fixtures Secretary. This club will be allowed to take part in the Final if they have not qualified automatically. If their resources do not allow participation in the Final because of organisational pressures they can be given a bye to the following year, if they don't qualify on merit via their qualifying round.

3.5.2 Responsibility for organising the Final will be allocated to a specific club by the Event Scheduling Group.

- **3.5.3** In addition to the facilities described in 3.4.1, the Final competition should also provide
- timed (rather than punching) starts (Competitors may still be required to punch a start control)
- spectator control where practical and radio control sites for the major courses
- public address system for commentary
- a dignified and prestigious ceremony to present the prizes
- **3.5.4** At the Final there are 'Golden Boot' trophies for the man and woman with the fastest run in times. The run-in should be a minimum of 150 metres, preferably longer. All courses must have the same Final control.
- **3.5.5**. At the Final the 'Golden String' trophy is awarded for the fastest time on the string course. It could also be awarded for a 'maze' or 'number grid' alternative to string course. This would be for the competitors first attempt and exclude anyone who has run a CompassSport competitive course.

4. Planning Requirements

4.1 Course details

4.1.1 There shall be twelve different CompassSport Courses planned to the colour coded standards shown below.

Course Number	Course Name	BOF Age Classes	Planned Course Standard	Class Size
1	Men Open	Men Open	Brown	Large
2	Short Brown	M20- M40+	Short Brown	Large
3	Women Open	Women Open	Blue	Large
4	Blue Men	M50+	Blue	Large
5	Green Women	W20- W45+	Green	Large
6	Green Men	M60+	Green	Large
7	Veterans Short Green	M70+ W60+	Short Green	Large
8A	Junior Men Green	Men 18-	Green	Small
8B	Junior Women Short	Women 18-	Short Green	Small
	Green			
9A	Orange Men	Men 14-	Orange	Small
9B	Orange Women	Women 14-	Orange	Small
10	Super Veterans Short Green	M80+ W70+	Short Green	Small

The courses must only be identified by course number on the map, control descriptions, start lanes and map boxes, because competitors often run a different colour from normal.



"The course colours are guidance provided for the Planner, and to enable Club Captains to advise their team members as to the approximate length of course they should expect, which may not be the colour course they normally run.

There is NO Black course. For the purposes of guidance British orienteering Rule 8.5.8 can be applied. "Where no Black course is planned, it is still necessary to determine the length of a nominal Black course with an elite winning time of 67 minutes in order to use the ratios for the other courses." This is applicable for the CompassSport Cup. The BOF guidance is that this gives a winning time of 57 minutes for the Brown course for an elite standard competitor.

Colour	Ratio	Length
Black	1	10.0-14.0
Brown	0.85	8.5-12.0
Short Brown	0.69	7.0-10.0
Blue	0.56	5.5-7.5
Green	0.39	3.5-5.0
Short Green	0.33	3.0-4.0
Orange	0.25	2.5-3.5

Club Captains must inform their team members the number of the course they are to run as this is how it will be identified on the map."

- 4.1.2 The allocation of BOF age classes to CompassSport classes results in:
 - seven 'Large' Classes 1 to 7
 - five 'Small' classes 8A, 8B, 9A, 9B and 10
- **4.1.3** The course requirements shown below are in place to avoid too many competitors on any individual course and the resulting extension to the start time window.
- 4.1.4 Course numbers 3 & 4 (Blue standard) must be different. Course numbers 5, 6 & 8A (Green standard) must be different. Course numbers 7, 8B & 10 (Short Green standard) must be different.
- 4.1.5 The extent of these differences is a matter for the Planner, but they should recognise the different requirements of each of the competing age classes in order to give the best style of course for each taking into account physical difficulty for the older competitors.
- 4.1.6 Only one course needs to be planned for courses 9A & 9B, (Orange standard).
- **4.1.7 The results must be displayed and calculated separately for all courses**. See Rule 7.



4.2 Non-Competitive courses

4.2.1 Planners are requested to put on White and Yellow courses for Juniors attending the event with families, but who do not have sufficient skills to tackle the Orange course; and a Light Green course for inexperienced adults who may be accompanying other competitors.

4.3 Course eligibility

- 4.3.1 There is no limit to the number of runners a club may field.
- 4.3.2 No runner may run competitively more than once per match.
- 4.3.3 Age classes are those applicable in the year of the competition.
- **4.3.4** Any competitor may run up an age class or classes, but not necessarily a course. Thus (for example) a W18, rather than competing in Class 8B, may run up as a W20 and compete in Class 5, but may not run in Classes 6 or 7.
- **4.3.5** Women may run as Men e.g. a W45 could run as an M45 in Class 2.
- **4.3.6** The event is only open to members of clubs that are competing in that round, except on the non-competition Light Green, Yellow or White courses (if offered). All competitors on the competition courses must be competitive. The only exception to this is for members of a university club in qualifying rounds as it may be impractical for them to get to their open club's round.

4.4 Scoring

- 4.4.1 The CompassSport Cup and CompassSport Trophy are to be treated as two entirely separate competitions when taking place at the same event. On each course there will therefore be one set of scores starting at 100 for the Cup and another set starting at 100 for the Trophy.
- 4.4.2 The winner of each CompassSport class scores 100 points.
- 4.4.3 Every competitor receives a score based on their finishing position.
 - Scoring in each 'Large' CompassSport class will be 100, 99, 98, 97, 96, etc. down to 0. (Subsequent positions also score 0).
 - Scoring in each 'Small' CompassSport class will be 100, 98, 96, 94, 92, etc. down to 0. (Subsequent positions also score 0).
- 4.4.4 If two runners tie for a place, both runners will score the points appropriate for that place. The next runner scores 2 points less on a 'Large' course or 4 points less on a 'Small' course (e.g. if two runners on a 'Large' course each score 97 points, the next scores 95 points; if two runners on a 'Small' course each score 96 points, the next scores 92 points).

4.4.5 CompassSport Cup team score

- 25 scores to count
 - a maximum of 4 counters from any one of the 'Large' classes 1 to 7.
 - a maximum of 4 counters from each pair of the 'Small' CompassSport classes. e.g. four from 8A, none from 8B; three from 8A, one from 8B; two from 8A, two from 8B; etc.



a maximum of 4 counters from the single 'Small' class 10.

4.4.6 CompassSport Trophy team score

- 13 scores to count
 - a maximum of 2 counters from any one of the 'Large' classes 1 to 7.
 - a maximum of 2 counters from each pair of the 'Small' CompassSport classes. e.g. two from 8A, none from 8B; one from 8A, one from 8B; none from 8A, two from 8B;etc.
- a maximum of 2 counters from the single 'Small' class 10.
- **4.4.7** Scoring Example Trophy match:
 - List your two highest scores from each of the Large CompassSport classes 1 to 7.
 - List your two highest scores from each pair of Small CompassSport classes 8 &
 9.
 - List your two highest scores from the single Small CompassSport class 10.
 - You will now have twenty scores (or fewer if you weren't able to run enough competitors in any one of the classes.)
 - Finally, select the highest thirteen scores of these twenty and add them together. This gives you the team score.
- 4.4.8 The winner will be the team with the highest points total. Where clubs finish on equal points, positions will be determined by looking at the best scores of the 26th (Cup) or 14th (Trophy) eligible counter (i.e. from outside the maximum number of counters per CompassSport class) for each team. Then, if needed, the next best and so on. If a club has no 14th or 26th scorer and the other team does, the other team with a scorer wins by default.
- 4.4.9 In the event of one course being voided the result will be decided on the courses not voided.
- 4.4.10 In the event of two courses being voided then the number of scorers will be: Cup 20 and Trophy 10.

4.5 Qualifying for the Final

- 4.5.1 The winner of each qualifying match, scored in accordance with Rule 4.4, will qualify for the Final. Additional places as per below.
- 4.5.2 Qualification for the Final:

CUP Qualifying Events

If there are THREE or fewer teams entered for a Cup Qualifying Round match only the first team will qualify for the Final

If there are FOUR or more teams entered for a Cup Qualifying Round match the first TWO teams will qualify for the Final

If there are FIVE or more teams entered for a Cup Qualifying Round match the first THREE teams will qualify for the Final



TROPHY based on seven Qualifying Events

If there are THREE or fewer teams entered for a Trophy Qualifying Round match only the first team will qualify for the Final

If there are FOUR or more teams entered for a Trophy Qualifying Round match the first TWO teams will qualify for the Final

If there are SIX or more teams entered for a Cup Qualifying Round match the first THREE teams will qualify for the Final

If there are EIGHT or more teams entered for a Trophy Qualifying Round match the first FOUR teams will qualify for the Final

If there are TWELVE or more teams entered for a Trophy Qualifying Round match the first FIVE teams will qualify for the Final

The CompassSport Coordinator and entries secretary may vary these criteria **once all entries have been submitted**, particularly in the circumstance where there are more or less than seven qualifying events. This would be to achieve a fair representation and proportion of clubs, based on the number of Cup and Trophy clubs, currently three Trophy clubs to one Cup club.

- **4.5.3** NIOA may nominate a Cup and Trophy Club for the final. They may either hold an elimination competition or nominate them based on an existing league competition.
- **4.5.4** When a team who has qualified for the Final declines to take part the CompassSport Coordinator, after consultation with the CompassSport Cup Coordinating Group, they may invite another team to take part in the Final.
- **4.5.5** The club hosting the Final will be invited to enter a competitive team if they have not automatically qualified. They would be expected to take part in a qualifying round.
- **5.3.7** If a qualifying match is cancelled and cannot be rearranged at a suitable time, then the CompassSport Coordinator, after consultation with the CompassSport Cup Coordinating Group will invite teams from that match to take part in the Final, providing they can enter a competitive scoring team.

5. Other Information

5.1 Start times

- 5.1.1 Competing clubs will initially be pre-allocated an equal number of start times, in rotation, throughout the start period. A different order of rotation should be used on each course. (There shall be no specific allowance for clubs travelling longer distances.) When allocating start times at a match which is both Cup and Trophy an allocation of 3 Cup starts to two Trophy starts is a good starting point (based on 2017 data).
- 5.1.2 From this the organiser will prepare a schedule of start times. These will be provided to the clubs who will then nominate the names of runners to the start times and provide these to the organiser by a date specified prior to the date of the event.
- **5.1.3** Where it is necessary to allocate additional start times to a club these can be taken from



vacant start slots not required by other clubs. Runners from the same club should be separated as far as practical **and not start on adjacent start times on the same course.**

- 5.1.4 A club will only be allocated additional start times if they have nominated runners to all their original allocation of start times. The event organiser will allocate spare slots equitably across all the clubs that request them by the closing date for entries. Any club requesting extra start slots after the closing date will be only be allocated those still remaining.
- **5.1.5** The event organiser may extend the start period at their discretion.

6. Shadowing

6.1 There have been some instances of clubs sending out inexperienced juniors with an adult shadowing them, on the basis that if the junior completes the course on their own they will score, and if the adult has to help they will be disqualified. This is against the spirit of the competition and therefore not allowed. Competitors MUST run on their own.

7. Further advice for event officials

If you cannot find the answer to a question within the published Rules, Appendices and Guidelines or have a query, please contact the CompassSport Cup/Trophy Co-ordinator. Email: csportcupcoordinator@btinternet.com

7.1. "Michael Napier offers an entry service from just a set of club entry spreadsheets with pre-allocated start times through to an SiTiming import file. Please contact him direct for details. Email: mnapier@cix.co.uk Mobiles: 07943 699338 or 07771 660892.

Results

- **7.2** SPORTident UK has produced a guide on using their software to produce the results for the CompassSport Cup, as it is SPORTident UK's SiTiming software used for results. This can be obtained from Sportident. Please note they say "Please contact us if you need any help setting up the configuration.
- **7.3** The course numbers are for the purpose of removing any ambiguity over which course a competitor should compete on. See Rule 4.1.1. There is no requirement to report results by the course number. The Course Name should be used.

The results output should in the format as below. The main file for each course, Men Open for example, is the one to be submitted for the rankings.

Team Scores

Cup Trophy Please use the SiTiming results

Courses

Results for Course 1 Men Open Cup Results for Course 1 Men Open Trophy Results Men Open



Results for Course 2 Short Brown Cup Results for Course 2 Short Brown Trophy Results Short Brown

Results for Course 3 Women Open Cup Results for Course 3 Women Open Trophy Results Women Open

Results for Course 4 Blue Men Cup Results for Course 4 Blue Men Trophy Results Blue Men

Results for Course 5 Green Women Cup Results for Course 5 Green Women Trophy Results Green Women

Results for Course 6 Green Men Cup Results for Course 6 Green Men Trophy Results Green Men

Results for Course 7 Veterans Short Green Cup Results for Course 7 Veterans Short Green Trophy Results Veterans Short Green

Results for Course 8A Junior Men Cup Results for Course 8A Junior Men Trophy Results Junior Men Green

Results for Course 8B Junior Women - Cup Results for Course 8B Junior Women Trophy Results Junior Women Short Green

Results for Course 9A Orange Men Cup Results for Course 9A Orange Men Trophy Results Orange Men

Results for Course 9B Orange Women Cup Results for Course 9B Orange Women Trophy Results Orange Women

Results for Course 10 Super Veterans Short Green Cup Results for Course 10 Super Veterans Short Green Trophy Results Super Veterans Short Green

7.4 Please also publish a Winsplits file in the results after the event.



8. THE FINAL

- **8.1** The organisation of the Final is the responsibility of the organising club. The CompassSport Cup/Trophy Co-ordinator is available to offer advice and consult the CompassSport Coordinating Group regarding any queries from the organising club.
- **8.2** The CSC Entries Secretary will advise the Final organisers of the qualifying clubs after he has confirmed with qualifying clubs if they intend to take part in the Final.
- **8.3** The Final organiser shall send out preliminary details and the start time schedule at least two months before the date of the Final.
- **8.4** It is expected that for the Final that 'live results' will be made available and that the team positions will be updated and announced as the event progresses.
- **8.5** At the Final maps must be collected, until the last runners are at the start.
- **8.6** Organisers should make all their plans based on an attendance of 850 1,000 people, comprised of competitors, non-competitive runners, officials and other accompanying people.

CompassSport Final – Prizes and Prize Giving Guide

Ask clubs to bring their club flags to the prize giving. This creates a good photo background if room permits, otherwise just the organising club flag and the CompassSport banner.

Prizes

There are trophies for the winners of the Cup and Trophy competitions.

In addition, there are 'Golden Boot' awards for the fastest time on the run in for Men and Women and a Golden String Trophy for the fastest String course time.

Event organisers will need to ask the trophy holders to bring them back, best approached via the Club Captains. Also, the Golden Boot holders (man and woman), and the Golden String Trophy.

CompassSport (Nick Barrable) provides a memento for each scoring team member, a bottle of 'bubbly' for each winning team, and a tub of chocolates for 1st/2nd/3rd teams in the Cup and Trophy.

The organiser provides a prize for the winner of each course, (15 prizes) a giant Toblerone for example. **Provide a copy of template (below) to the results team to complete.**

Prize Giving Guide

Organiser/MC: Good Afternoon - welcome to the prize giving for the XX CompassSport Cup Final.

Firstly, many thanks to all the officials and helpers who have worked hard to stage today's



event. Landowner etc. Present memento (provided and presented by Nick Barrable) to Organiser, Planner and Controller.

Secondly, thanks to all the clubs/competitors and supporters some, who have travelled a long way to take part today.

XXXX will now present the prizes for the course winners:

Number	Course	Winner
-	Golden String Award	
1	Men Open	
2	Short Brown	
3	Women Open	
4	Blue Men	
5	Green Women	
6	Green Men	
7	Veterans Short Green	
8A	Junior Men Green	
8B	Junior Women Short Green	
9A	Orange Men	
9B	Orange Women	
10	Super Veterans Short Green	
	Light Green	
	Yellow	
	White	

Next, we move to the Golden Boot trophies. The winner for the Rebok Men's Trophy is: The winner of the Rachel Majumdar Trophy is:

Now we move to the Cup and Trophy competitions: Nick Barrable, Mr CompassSport will present the prizes:

Trophy

3rd place with XXX points is: 2nd place is: with XXX points

Cup

3rd place with XXX points is 2nd place with XXX points is:

Now we move to the winners:

Trophy: Cup:

Safe journey home. See you next year.

CompassSport Cup – Roles and responsibilities



The competition is owned by CompassSport.

CompassSport Cup Coordinator

Maintains and updates the rules in consultation with the CompassSport Coordinating Group.

Answers all queries in respect of the rules.

Works with all orienteering partners to develop and maintain the quality of the event.

Works with event organisers, particularly for the Final, to ensure the events are staged in accordance with the Rules.

CompassSport Coordinator Entries Secretary

Liaise with Event Scheduling over qualifying events and the Final event locations.

Liaises with qualifying events to ascertain event capacity, entry numbers and car parking.

October: Contacts Club Captains to collect entry numbers for the qualifying events.

December: Publishes information on club allocation to qualifying events to club captains and event organisers.

Sends a copy of the current rules to all event organisers.

Following qualifying events ascertains if clubs intend to compete in the Final.

April/May: Provides the Final organisers the contact details of clubs participating in the Final.

Entries Secretary will copy in Coordinator to all correspondence.